

**September 9, 2014**

**Group #2 (Bill): Focus on Adult Services**

**1. In looking at the key need and gap areas that have been identified so far, are there any, from your perspective, that are missing? If so, what are they?**

- MHCAN needs more hours, open on the weekends
- Need locations accessible by bus line to services
- Make recreational activities more available
- Continue Shadow Speaking program
- Timely access to treatment
- Make it easier to get into treatment; it is too complex at the front door
- Services need to be better coordinated between providers
- System is difficult to navigate
- Early treatment/diagnosis
- Services for anyone who has experienced trauma
- People with a “coordinator” gets more
- More communication using technology
- No one turned away with trauma
- Accessibility: wheelchair ramp, elevators (Second Story, for example)
- Accommodations for people with disabilities
- LGBT services need to be available.
- Integration and educating people on mental illness
- More prevention services
- Greater awareness of programs that are available (Example Second Story for people in crisis.
- Need for more training to peers
- Training for law enforcement
- Alternatives to jail and hospitalization
- More outreach programs
- No tickets for camping
- More grants to support programs
- Funding for Shadow Speakers and Second Story
- Use 211 to distribute info to callers; update regularly
- More info about Second Story and MHCAN
- Services for people who are homeless and coming out of jail (substance abuse, housing, more services)
- Weekend availability of services
- Need more trauma treatment (example TREM)
- Family friendly treatment, example housing for families

**2. Which need or gap areas are most important? And**

**3. Which need or gap areas should we focus on working on first?**

- Affordable housing; more permanent supported housing
- Evidence based and best practice models more available
- Peer to Peer (NAMI)
- You can recover from mental illness; educating people
- Recovery is possible
- CIT training for law enforcement
- More training for law enforcement that includes people with mental illness
- Prevention services for kids and adults
- Training on Motivational Interviewing that includes peers for doctors/hospitals
- Funding for Shadow Speakers program
- Affordable housing, safe
- Access to care
- Include peer on mobile crisis team
- Include peers on trauma teams
- Expand hours at MHCAN
- Funding for MHCAN and Second Story
- Legal- free
- County letting people know about different services
- Outreach service
- Everyone can recover from trauma
- Way to get services to people who won't leave their homes or cant leave their homes
- More financial support to assist people
- Timely access to services
- Knowledge about services that exist like MHCAN
- Access to services for mild or moderate mental illness

**4. Are there specific need or gap areas that may be unique or different for South County.**

- Bilingual providers needed
- Cultural competency training offered
- Housing that doesn't follow regulations or is unsafe
- Barrios Unidos program that is needed in South County and is in North County for youth and people coming out of jail.