



Santa Cruz County Health Services Agency Mental Health and Substance Abuse Services

We Are Serious About Mental Health & Recovery!



February 2, 2017

Santa Cruz County Mental Health & Substance Abuse Services offers a variety of services to the community by County employees, as well as through our contracts with numerous community-based agencies. Our services treat persons across the lifespan, from prevention and early intervention services to being a safety net to persons with serious emotional disturbance and serious mental illness and/or substance use disorders. In an effort to shed light on the variety of services and programs we provide, we endeavor to provide a monthly newsletter about what we do.

Save the Date! Upcoming Trainings:

We have several trainings coming up. Details and official announcements to follow:

- **The ABC's of CBT**, Jerry Solomon Ph.D.
Friday, February 10, 2017
Registration is open.
- **Designing and Running Therapeutic Groups**, Jerry Solomon, Ph.D.
Wednesday, February 22, 2017
Registration is open.
- **DSM 5**, Stan Taubman, Ph.D.
Wednesday March 8th (Santa Cruz), and limited space on March 9th (Watsonville).
Registration not yet open.
- **Internal Family Systems & Complex Trauma**, Stan Einhorn, Ph.D.
Thursday, April 6th
Registration not yet open.
- **Law & Ethics**, Linda Garret, JD
Friday, April 7th
Registration not yet open

Register with Balvina Collazo (831) 454-4519 or e-mail:
mhsas.training@santacruzcounty.us

Welcome New Staff!

Sonia Trotter-Giron, will be joining the Children's HRA team. Sonia has many years of experience in the mental health field and has worked for Rebekah's Children Services, Family Services Agency and Youth Services. Over the years Sonia has worked providing trauma informed individual, family and school based counseling.

Shannon Holmes – is our new Occupational Therapist for Adult services. She comes to us from the PHF where she worked since December 2013. Prior to that she worked at Dominican Behavioral Health for approximately 15 years. She has also provided occupational therapy in a variety of other institutional and community based settings.

David Chicoine (pronounced shiquin) is a new member of Utilization Review Specialist team. He is a LMFT who has worked for over 10 years with Community Solutions in Santa

Clara County as Clinical Program Manager and also Director of QI for five years. He has extensive experience in Medi-Cal documentation review and training as well as compliance. He is also experienced in developing outcome data dashboards having an earlier background in IT. Please welcome him to MHSAS family.

Congratulations!

We are very proud to announce our staff that have passed their final licensing exams:

- **Sara Avila**, Access worker in Adult is now a Licensed Clinical Social Worker (LCSW).
- **James Russell**, Mental Health Liaison to the Santa Cruz Sheriff's Office is now a Licensed Marriage & Family Therapist (MFT).
- **Grace Saldivar-Napoles** – Coordinator on the MOST is now a LCSW.
- **Marisa Morris**, therapist in Children's Mental Health is now a MFT.

Santa Cruz County Crisis Intervention Team Training!

In a collaborative effort between Santa Cruz County Behavioral Health, all local law enforcement jurisdictions, the local chapter of the National Alliance on Mental Illness (NAMI) and the Criminal Justice Council, a local curriculum for Crisis Intervention Training (CIT) for Law Enforcement has been developed. The training is modeled on national CIT trainings to provide law enforcement agencies and personnel with knowledge and skills to interface with an individual in crisis. The curriculum includes education on major mental health conditions, trauma, suicidality, veteran issues, family and consumer experience, and active de-escalation techniques.

For more information contact James Russell at
james.russell@santacruzcounty.us or 831-454-4917

