

Planned Parenthood Watsonville

(Santa Cruz Location Closed)

398 S. Green Valley Rd. Bus Routes: 72, 75, Exit
Watsonville on S. Green Valley Rd.
831-724-7525 & Pennsylvania Dr.
M-F: 8:30 AM to 5 PM
Sat: 8 AM to 4:30 PM

Birth Control Options Available

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

Care & Services

- HPV Vaccine
- Medication Abortion up to first three months of pregnancy
- Plan B Available at Front Desk for \$11
- Pregnancy Options Counseling
- Pregnancy Testing
- PrEP/PEP
- STI/HIV Testing & Treatment

Supportive Clinic Features

- Same Day Appt
- Calls your phone
- Text Reminders
- Tele-Health
- Spanish Speaking
- LGBTQ+ Friendly

Gender affirming care available with parental consent.

Watsonville Health Center

1430 Freedom Blvd Bus Route: 1, Exit on
Ste D, Watsonville Freedom Blvd &
831-763-8400 Crestview Dr.
M-Th: 7:30 AM to 6 PM
F: 7:30 AM to 5 PM

Birth Control Options Available

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

Care & Services

- HPV & MPox Vaccine
- Pregnancy Testing
- Pregnancy Options Counseling
- PrEP/PEP
- STI/HIV Testing & Treatment

Supportive Clinic Features

- Same Day Appt
- Calls your phone
- Text Reminders
- Spanish Speaking
- LGBTQ+ Friendly

Types of Birth Control



Pill:
A pill taken daily.



IUD:
Inserted by a medical provider.
Effective for 3-10 years.



Shot:
A shot someone gets every 3 months
by a medical provider.



Implant:
Inserted by a medical provider in the arm.
Effective for up to 5 years.



Ring:
A plastic ring someone will insert into
the vagina and replace monthly.



Patch:
A sticker someone wears on their skin
that is replaced weekly.



External/Internal Condom:
A barrier someone wears.
(Prevents pregnancy & STIs)



Emergency Contraception:
IUD insertion or a pill someone can take 0-5 days
after unprotected sex to prevent pregnancy.
(condom breaks, missed birth control pill, etc.)

Confidential Services For Teens, Youth, & Young Adults

Watsonville Area
2026-2027

Service Availability as of July 2026



Teen Health
Outreach



teenhealthoutreach@santacruzcountycalifornia.gov
santacruzhealth.org/teenhealth

Youth Rights

In California, youth age 12 and older have the **right to the following confidential services:**

- Abortion services (medications & procedures)
- Birth control
- Emergency contraception
- Medications to prevent HIV (PrEP/PEP)
- Pregnancy testing
- Pregnancy options counseling
- Prenatal care
- Testing and treatment for STIs, including HIV
- Sexual assault care ^[1]
- Alcohol or other drugs counseling
- Mental health counseling

^[1] This may require mandated reporting. For support, contact Monarch Services 24-Hour Line: 1-888-900-4232

Youth can get these services without needing permission from their parents/guardians **AND** without parents/guardians being notified. Youth can excuse themselves from school for these visits. **IT'S CALIFORNIA LAW** ^[2]

For free or low cost services ask:

I'm calling to receive confidential services, do you offer Fam-PACT?

^[2] teenhealthlaw.org

Salud Para La Gente Clínica Del Valle Del Pajaro

45 Nielson St., Bus Routes: 1, 78,
Watsonville Exit on Nielson &
831-728-0222 (call or text) Airport Blvd.
M-Th: 8 AM to 7 PM
F: 8 AM to 5 PM

Birth Control Options Available

- | | |
|---------------------------|---------|
| • Condoms | • Patch |
| • Emergency Contraception | • Pill |
| • Implant | • Ring |
| • IUD | • Shot |
| All Available Same Day | |

Care & Services

- | | |
|---|--|
| • HPV Vaccine | • Prenatal Care |
| • Medication Abortion up to first three months of pregnancy | • PrEP/PEP |
| • Pregnancy Options Counseling | • STI/HIV Testing & Treatment |
| • Pregnancy Testing | • Mental Health Services must see primary doctor first |

Supportive Clinic Features

Use the code “#BURN” word to schedule a confidential appointment

- | | |
|--------------------|--------------------|
| • Same Day Appt | • Spanish Speaking |
| • Calls your phone | • LGBTQ+ Friendly |
| • Text Reminders | |

Gender affirming care available with parental consent.

Salud Para La Gente East Beach Clinic

204 East Beach St. Bus Routes: 1, 79,
Watsonville Exit on E Beach &
831-728-0222 (call or text) Marchant
M-F: 8 AM to 7 PM
Sat: 8 AM to 4:30 PM, Sun: 8:30 AM to 12:30 PM

Birth Control Options Available

- | | |
|---------------------------|---------|
| • Condoms | • Patch |
| • Emergency Contraception | • Pill |
| • Implant | • Ring |
| • IUD | • Shot |
| All Available Same Day | |

Care & Services

- | | |
|---|--|
| • HPV Vaccine | • Prenatal Care |
| • Medication Abortion up to first three months of pregnancy | • PrEP/PEP |
| • Pregnancy Options Counseling | • STI/HIV Testing & Treatment |
| • Pregnancy Testing | • Mental Health Services must see primary doctor first |

Supportive Clinic Features

Use the code “#BURN” word to schedule a confidential appointment

- | | |
|---------------------|--------------------|
| • Same Day Appt | • Text Reminders |
| • Teen Entrance | • Walk-Ins Welcome |
| • Teen Waiting Room | • Spanish Speaking |
| • Calls your phone | • LGBTQ+ Friendly |

Salud Para La Gente Salud Teen Mobile

45 Nielson St.,
Watsonville
831-728-0222
Call or text for appt

At Aptos High
At Watsonville High
At Pajaro Valley High
By Appointment Only



Care & Services

- | | |
|---|---|
| • Birth Control Prescriptions & Referrals | • Pregnancy Testing |
| • HPV Vaccine | • PrEP/PEP |
| • Medication Abortion up to first three months of pregnancy | • STI/HIV Testing & Treatment |
| | • Annual Physicals not a confidential service |

Supportive Clinic Features

Use the code “#BURN” word to schedule a confidential appointment

- | | |
|--------------------|--------------------|
| • Teen Entrance | • Text Reminders |
| • Calls your phone | • Spanish Speaking |