

## Watsonville Health Center

M-Th: 7:30am-6:30pm  
F: 7:30am-5pm  
1430 Freedom Blvd D,  
Watsonville

(831) 763-8400 Bus Line: 69A, 71, 79

### Birth Control Options

- Pill
- Implant
- Condoms
- IUD
- Ring
- Emergency Contraception
- Shot
- Patch

### Care & Services

- STI/HIV Testing
- Pregnancy Testing
- Mental Health Services
- PrEP/PEP
- Spanish Speaking
- Gender-affirming care

### Teen Friendly Features

- Walk-In's Welcome
- Same Day Appointment
- Calls Your Phone
- Text Reminders



**IUD:**  
Inserted by a provider. Works 3-10 yrs.



**Implant:**  
Inserted in the arm. Works up to 3 years.



**Shot:**  
A shot you get every 3 months.



**Ring:**  
A plastic ring you insert into the vagina and replace monthly.



**Pill:**  
A daily pill.



**Patch:**  
A sticker you wear on your skin that you replace weekly.



**External Condom:**  
A barrier you wear on the penis. (Prevents STIs)



**Internal Condom:**  
A barrier you wear inside the vagina or anus. (Prevents pregnancy and STIs)



**Emergency Contraception:**  
A pill you take as soon as possible after unprotected sex to prevent pregnancy.

Ex. Condom breaks, missed pills, etc.

# FOR TEENS, YOUTH, & YOUNG ADULTS

WATSONVILLE AREA  
2022-2023

teen health  
outreach  
santa cruz county



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## Planned Parenthood Watsonville

M-F: 8am-8pm  
398 S. Green Valley Rd.,  
Watsonville  
(831) 724-7525 Bus Line: 69A/72, 71, 69A

### Birth Control Options

- Pill
- IUD
- Shot
- Implant
- Ring
- Patch
- Condoms
- Emergency Contraception

### Care & Services

- STI/HIV Testing
- Pregnancy Testing
- Abortion Services
- Mental Health Services
- PrEP/PEP
- Spanish Speaking
- Gender-affirming care

### Teen Friendly Features

- Same Day Appointment
- Teen Waiting Room
- Text Reminders
- Separate Teen Entrance
- Calls Your Phone
- Same Day Birth Control

## Salud Para La Gente- Clínica Del Valle Del Pájaro

M-F: 8:30am- 7pm  
45 Nielson St,  
Watsonville  
(831) 728-0222 Bus Line: 69A, 72, 74S

### Birth Control Options

- Pill
- IUD
- Shot
- Implant
- Ring
- Patch
- Condoms
- Emergency Contraception

### Care & Services

- STI/HIV Testing
- Pregnancy Testing
- Mental Health Services
- PrEP/PEP
- Spanish Speaking
- Gender-affirming care

### Teen Friendly Features

*"BURN" Appointments, use this code word to schedule a confidential appointment*

- Walk-In's Welcome
- Same Day Appointment
- Teen Waiting Room
- Text Reminders
- Separate Teen Entrance
- Calls Your Phone

## Salud Para La Gente- East Beach Clinic

M-F: 8:30am-7pm  
Sat: 8am-5pm  
Sun: 8am-12pm  
204 East Beach St,  
Watsonville  
(831) 728-0222 Bus Line: 69A, 79, 71, 75

### Birth Control Options

- Pill
- IUD
- Shot
- Implant
- Ring
- Patch
- Condoms
- Emergency Contraception

### Care & Services

- STI/HIV Testing
- Pregnancy Testing
- Mental Health Services
- PrEP/PEP
- Spanish Speaking
- Gender-affirming care

### Teen Friendly Features

*"BURN" Appointments, use this code word to schedule a confidential appointment*

- Walk-In's Welcome
- Same Day Appointment
- Teen Waiting Room
- Text Reminders
- Separate Teen Entrance
- Calls Your Phone

## Salud Para La Gente- Pájaro Valley H.S. Clinic

**Call for Hours**  
Temporarily Closed  
Due to COVID-19  
500 Harkins Slough Rd.,  
Watsonville  
Bus Line: 74S, 69W, 72,  
72W, 75, 91X  
(831) 728-0222

### Birth Control Options

- Pill
- IUD
- Shot
- Implant
- Ring
- Patch
- Condoms
- Emergency Contraception

### Care & Services

- STI/HIV Testing
- Pregnancy Testing
- Mental Health Services
- Spanish Speaking



### Teen Friendly Features

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